

YOGA AND MINDFULNESS WITH SALLIE

Balance, joy and movement for children



COOKHAM DEAN

Summer 2026

After School Club

Tuesday 3.20pm to 4.30pm

14th April to the 14th July

£9 a session, paid termly

All years..Free Trial

***available - contact me if
interested.***

Fun and engaging classes that teach
mindfulness, coordination, and relaxation
through storytelling and postures.

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<https://nurturekidsyoga.com>

